



Cigars: Facts, stats and regulations

Cigar consumption and prevalence have increased since 2000, despite the prevalence of cigarette smoking decreasing greatly. At least three major cigar products — little cigars, large cigars, and cigarillos — exist in the category. Here's what you need to know.

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How Resources to Quit Smoking in Spanish Can Fuel Quit Efforts

Spanish is the second most spoken language in the U.S. and 40 million people speak it as their first language. With nearly 12% of Hispanic individuals reporting tobacco use, the EX Program shares important aspects to help Spanish-speaking individuals quit smoking successfully and why it goes beyond simply translating resources from English to Spanish.

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The smoking rate for Black adults in Wisconsin is nearly three times higher than for white people — the worst disparity in the nation

Brandon Greer found a corner far away from the large crowds at Milwaukee's Juneteenth celebration to light up a Newport.

At the time, Greer, 38, was still smoking a pack a day but he was vowing to stop smoking.

"I have three cigarettes left, and after I smoke these, that's it. I'm stopping cold turkey," he said.



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Marcus has his reasons for going vape free. Maybe you have yours.



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