



FOR IMMEDIATE RELEASE

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Green County Public Health Adopts CDC's New Isolation & Quarantine Guidance

Green County – On December 28th, 2021, the CDC updated their [isolation recommendations](#) for people who tested positive for COVID-19, as well as their [quarantine recommendations](#) for individuals who have been in close contact with someone who has COVID-19. This week Green County Public Health began utilizing these new recommendations.

Individuals who test positive for COVID-19 should isolate at home for *at least* 5 days, whereas symptom onset date is day 0, and wear a mask when around others for an additional 5 days, for a total of 10 days.

- If you have [symptoms](#) - stay home and avoid others until you have been at least 24 hours without a fever (without fever-reducing medicine), your symptoms are resolving, and it has been 5 days since the first day you had symptoms. Continue to wear a [well-fitted mask](#) around others for 5 additional days.
- If you have not had any symptoms of COVID-19, stay home and avoid others until 5 days have passed since the day of your COVID-19 test. Continue to wear a [well-fitting mask](#) around others for 5 additional days.

Individuals who were in close contact (within 6 feet for more than 15 minutes) to someone with COVID-19 should take the following steps:

- You need to quarantine if:
 - o You are not vaccinated against COVID-19
 - o You are not up to date with your COVID-19 vaccine
 - o You cannot wear a mask
- You do not need to quarantine if:
 - o You have received all the recommended vaccine doses (including boosters) and it has been more than 14 days since you received your last dose
 - o You are 5-17 years old and have completed your primary COVID-19 vaccine series and it has been more than 14 days since your last dose
 - o You tested positive for COVID-19 in the last 90 days using a viral test

Those individuals who need to quarantine should stay home and away from others for at least 5 days from their last contact with the person who tested positive. After 5 days, if no symptoms develop you can be around other people, but you need to wear a [well-fitting mask](#) for the next 5 days. You should get tested for COVID-19 5 days after exposure. If [symptoms](#) develop at any time you should self-isolate and get tested.

People who do not need to quarantine should still get tested 5 days after exposure, and wear a [well-fitting mask](#) for 10 days after exposure. If [symptoms](#) develop at any time, you should self-isolate and get tested.

To find a COVID-19 testing location near you, please visit the COVID-19 testing page on the Green County Public Health [website](#).

Green County is experiencing critically high levels of COVID-19 disease activity. In December, 828 individuals tested positive for COVID-19 – this is the largest number of cases in a single month since the began. Our contact



tracing team is operating in crisis standards, this means that people who test positive and their close contacts may not receive a call from one of our contact tracers. Our department is working with the Wisconsin Department of Health Services State Contact Tracing Team to contact individuals who test positive and their contacts, so

some individuals may receive a call from a state contact tracer. We are currently prioritizing reaching out to the families of children who test positive for COVID-19. Individuals who test positive for COVID-19 but do not receive a phone call from our department should follow the guidance stated above, and notify their close contacts.

Green County Public Health needs the help of Green County community members to prevent further spread of COVID-19. If you have not yet received the COVID-19 vaccine, we strongly encourage you to get vaccinated to protect yourself and others. If you are eligible to receive your COVID-19 booster, please get it as soon as you are able to. To find COVID-19 vaccine providers please visit [vaccines.gov](https://www.vaccines.gov). We ask that people wear a [well-fitting mask](#) whenever they are in an indoor public place.

To stay up to date on the COVID-19 pandemic please monitor the Green County Public Health [website](#) and [Facebook page](#).

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